

Name _____

Date _____

Director _____

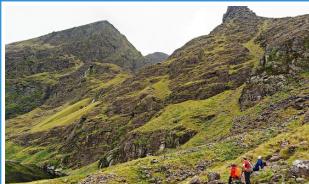
Irish Mission Master Guide Challenge



You will need to complete each one of the challenges below within the month to earn your medal.
Earn extra points for your club by completing any of the bonus challenges.

If you are physically unable to complete any of the challenges, please speak with your club director who will be able to arrange an appropriate alternative challenge for you.

Please have an adult with you as you take part in the challenges. You must be a registered member of a Pathfinder club to take part.



Carrauntoohil Climb - 20pts

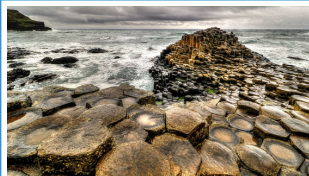
Carrauntoohil is the tallest peak in Ireland at 1038m high

Walk 4x 1,038 (total 4,152) steps each day

Tick each of the boxes here as you complete your daily steps. When all boxes are ticked, you have completed this part of your challenge.

Photo by TomFahy.com on Foter.com

DISCLAIMER: It is very important that you warm up and down properly when you do any type of exercise, as cold muscles are easy to strain. It is also important to consult a physician if you have any type of condition that could affect your health when exercising.



Causeway Coast Way, Antrim - 20pts

The Causeway Coastline is 33km (20.5 miles) long taking in the sights at the Giant's Causeway and Carrick-a-rede Rope Bridge

Complete a return journey along the Causeway of 2x 20.5 miles (total 41 miles) / 33km (total 66km) by either swimming/running/skipping/jogging/hiking the distance over the challenge period

Tick off the miles in the boxes. Once you have ticked them all, you have completed this part of your challenge.

Photo by Daniel Mennerich on Foter.com



Cliffs of Moher - 20pts

The highest elevation of the Cliffs of Moher is 155m (509ft). These stunning cliffs are located on the Atlantic coast of Ireland.

Choose one of each of the following to do 5 days a week every week during the challenge period (155/5 = 31): 31 star jumps OR 31 push ups/sit ups OR 31 burpees. Feel free to rotate the activities if you would like some variation.

Tick off each day in the boxes and when all the boxes are checked off, you will have completed this part of the challenge.

Photo by patrickfranzis on Foter.com



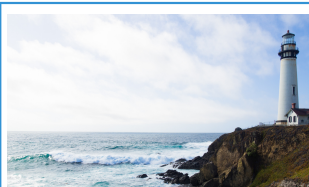
Titanic Quarter, Belfast - 20pts

Belfast is the birthplace of the Titanic, the ship that sank on its first voyage after colliding with an iceberg. Thankfully we have a Saviour who is in control of our boat as we cross the sometimes turbulent seas of our lives.

Create and lead a daily worship for your family for 1 week based on one of these stories each day: Genesis 1, Genesis 7 - 9:17, Exodus 14, Jonah 1-4, Luke 5: 1-11, Matthew 14:22-33, Acts 27.

In the second week, research more modern Christian stories relating to boats/ships including the story of the hymn 'It is Well with my Soul' see <https://youth.adventistchurch.org.uk/e-club-music-honour>

There is also the modern miracle on the famous Pitcairn Island: <https://www.adventistreview.org/church-news/story6320-miracle-on-pitcairn-island>. There should be lots of missionary stories for you to search and use for your worship time.



Storytelling & Lighthouses - 20pts

The Irish are wonderful storytellers and well-known for their sense of humour. The Irish Mission is set on an beautiful (but rainy), green island with many stunning lighthouses. You'll also notice the tower on the medal above; you'll find plenty of these around and aside from being bell towers, they were used as towers of refuge from sudden attacks.

Complete the Podcast honour (a modern method of storytelling) OR the Lighthouse Advanced honour online in your own time during the challenge period:

<https://youth.adventistchurch.org.uk/e-club-podcasting-honour>

<https://youth.adventistchurch.org.uk/e-club-lighthouses-honour>



Advanced Lighthouses Honour ☐

Podcasting Honour ☐



Irish Mission Art - 20pts

Iconic landmarks on the Isle are many and varied! The beautiful countryside, the stunning coastline, the ancient monuments and more. Which will you choose?

Represent one of the natural or man-made Irish Mission landmarks in any art form e.g. Paint, draw, lego. Take a photo of your artwork and send it to your club director with this worksheet to verify completion of your challenge!

