

Name _____

Date _____

Director _____

Irish Mission Adventurer Challenge



You will need to complete each one of the challenges below within the month to earn your medal.
Earn extra points for your club by completing any of the bonus challenges.

If you are physically unable to complete any of the challenges, please speak with your club director who will be able to arrange an appropriate alternative challenge for you.

Please have an adult with you as you take part in the challenges. You must be a registered member of an Adventurer club to take part.



Carrauntoohil Climb - 20pts

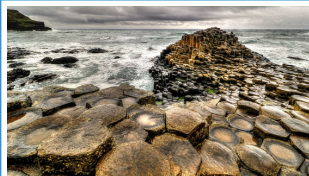
Carrauntoohil is the tallest peak in Ireland at 1038m high

Walk 1,038 steps each day - a virtual climb up to the peak.

Tick each of the boxes here as you complete your daily steps. When all boxes are ticked, you have completed this part of your challenge.

Photo by TomFahy.com on Foter.com

DISCLAIMER: It is very important that you warm up and down properly when you do any type of exercise, as cold muscles are easy to strain. It is also important to consult a physician if you have any type of condition that could affect your health when exercising.



Causeway Coast Way, Antrim - 20pts

At its shortest point, the distance between the Northern Irish Coast and the Scottish Coast is just 12 miles (both coasts contain identical hexagonal basalt columns known as the Giant's Causeway in Ireland).

Complete 12 miles / 19km (by swimming/jogging/skipping/hiking) over the challenge period.

Tick off the miles in the boxes. Once you have ticked them all, you have completed this part of your challenge.

Photo by Daniel Mennerich on Foter.com



Cliffs of Moher - 20pts

The Cliffs of Moher on the Atlantic coast of Ireland are 9 miles (14km) long.

For the challenge period choose one of the following to do over 6 days in the week. EITHER: 9 squats OR 9 star jumps OR 9 sit ups/push ups per day. You can rotate them if you want variety.

Tick off each day in the boxes and when all the boxes are checked off, you will have completed this part of the challenge.

Photo by patrickfranzis on Foter.com

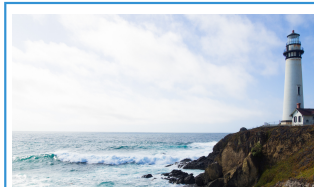


Titanic Quarter, Belfast - 20pts

Belfast is the birthplace of the Titanic, the ship that sank on its first voyage after colliding with an iceberg. Thankfully we have a Saviour who is in control of our boat as we cross the sometimes turbulent seas of our lives.

Read 7 Bible stories based around boats in the Bible (Noah's Ark 7:15-19, Jesus calms the Storm Luke 8:22-25, Jonah Runs Away Jonah 1, Disciples Catch Many Fish John 21:4-8, Paul and the shipwreck Acts 27:6-11, and find two more of your own) and make one boat-themed craft each weekend of the challenge period: for example: <https://christianpreschoolprintables.com/crafts-for-noahs-ark-spinner-animal-activity/>

--	--	--	--	--	--	--	--



Storytelling & Lighthouses - 20pts

The Irish are wonderful storytellers and we can share Jesus through stories too. There are about 120 Irish round towers throughout the island. Built as belfries (for housing the monastery bell) they were also a place of refuge for the monks.

Complete the Missionaries award or Stay Safe award during the challenge period via the online e-Club. Ask an adult to be with you online.
<https://youth.adventistchurch.org.uk/e-club-missionaries-award>
<https://youth.adventistchurch.org.uk/e-club-stay-safe-award>



Missionaries Award ☐

Stay Safe Award ☐



Irish Mission Art - 20pts

Iconic landmarks on the Isle are many and varied! The beautiful countryside, the stunning coastline, the ancient monuments and more. Which will you choose?

Represent one of the natural or man-made Irish Mission landmarks in any art form e.g. Paint, draw, lego. Take a photo of your artwork and send it to your club director with this worksheet to verify completion of your challenge!

