

Name \_\_\_\_\_

Date \_\_\_\_\_

Teacher \_\_\_\_\_

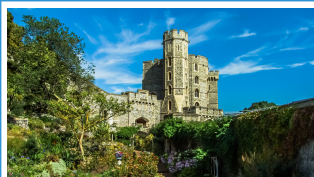
# South England Master Guide Challenge



You will need to complete each one of the challenges below within the month to earn your medal.  
Earn extra points for your club by completing any of the bonus challenges.

If you are physically unable to complete any of the challenges, please speak with your club director who will be able to arrange an appropriate alternative challenge for you.

Please have an adult with you as you take part in the challenges. You must be a registered member of a Pathfinder club to take part.



**Windsor Castle – 20pts**

The original castle was built in the 11th century after the Norman invasion of England by William the Conqueror. Since the time of Henry I, it has been used by the reigning king or queen and is the longest-occupied palace in Europe. St George's Hall is the biggest room in the Castle. It is 55.5m long and 9m wide and can seat up to 162 for a State Banquet.

Walk 2x 2,220 (4,440) steps a day, which is the length of St. George's Hall x the number of monarchs that have occupied the castle (40).

Tick each of the boxes here as you complete your daily steps. When all boxes are ticked, you have completed this part of your challenge.


DISCLAIMER: It is very important that you warm up and down properly before you begin any type of exercise, as cold muscles are easy to strain. It is also important to consult a physician if you have any type of condition that could affect your health when exercising.

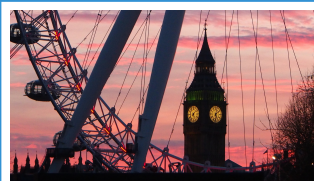


**Isle of Wight – 20pts**

The largest island in England, the Isle of Wight is located off the South coast of Hampshire. It is the site of the very first radio station, established by Marconi in 1897. The service between the island and the mainland is the only remaining public hovercraft service in the world. The island measures 22.5 miles (36 km) from East to West.

Complete 57 miles (by any of the following means: swimming or running or cycling or jogging or hiking) over the challenge period in a virtual round the Isle of Wight challenge. Tick off the miles in the boxes. Once you have ticked them all, you have completed this part of your challenge.


Photo by Mark Dyer



**London Eye – 20pts**

It is Europe's tallest cantilevered observation wheel, and is the most popular paid tourist attraction in the United Kingdom with over 3 million visitors annually. Each of its 32 pods takes up to 25 people, rotating at 26cm per second. It is 135m tall and 120 in diameter. Each revolution takes 30 minutes.

Follow a 30 minute professional workout 5 days of every week during the challenge period. Please warm up before you begin and stretch out afterwards. There are many exercise programmes available to follow including the 3ABN Body & Spirit workouts (<https://www.youtube.com/watch?v=q0f5w152UQE>) and other practitioners such as Joe Wickes who did a 30 minute workout online each day during the 2020/21 lockdowns (<https://youtu.be/qGKNzNbWjU>)



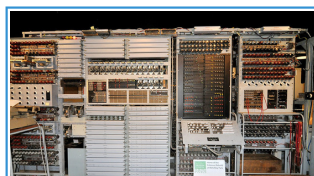

**Eden Project – 20pts**

A huge conservation project in Cornwall, there are two huge biomes one of which houses Mediterranean plant-life and the other houses the largest indoor rainforest in over 3.9 acres!

Photo by Gidzy

Lead a Bible study-based worship for your family for 7 days during the challenge period based on the first days of the world - the 6 days of Creation and the first Sabbath. Keep a nature journal for the rest of the challenge period, noting the creatures and plants you encounter. Enhance your journal with photos or drawings/paintings and scripture verses.

The Scrapbooking honour:  
<https://youth.adventistchurch.org.uk/e-club-scrapbooking-honour> or  
Drawing honour:  
<https://youth.adventistchurch.org.uk/e-club-drawing-honour> may give you some inspiration

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**Colossus Machine, Bletchley Park, the Jurassic Coast – 20pts**

The code-breakers who worked in complete secrecy at Bletchley Park during world war II created the Colossus, the world's first programmable digital electric computer. The Jurassic Coast in SE England is a UNESCO World Heritage site and many hundreds of fossils have been found along its shores.

Photo by M McBeay

Complete one of the following honours in your own time via the online e-Club during the challenge period. You can find all the honour resources listed here: <https://youth.adventistchurch.org.uk/e-club-pathfinders>

- Creationism honour
- Cultural Diversity honour
- Cactus Advanced honour



Creationism

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Cultural Diversity

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Cactus Advanced

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**Southern English Art – 20pts**

Iconic landmarks in the South of England are many and varied! The beautiful countryside, the busy towns and cities, the ancient monuments and more. Which will you choose?

Photo by Kerri Lee Smith on Foter.com

Represent one of the natural or man-made English landmarks in any art form e.g. Paint, draw, lego. Take a photo of your artwork and send it to your club director with this worksheet to verify completion of your challenge!


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